

Jordan E. Sala

ASSOCIATE

203.368.0211

jsala@cohenandwolf.com



Jordan prides herself on her approachable and pragmatic style in helping her clients successfully navigate various labor and employment matters. Jordan represents employers of all sizes, as well as individuals, in labor and employment litigation and negotiation.

Jordan assists clients with matters ranging from discrimination and retaliation claims, wage and hour disputes, and non-competition agreements, to workers' compensation claims. She also works closely with businesses and executives to provide guidance on personnel matters, employee handbooks, employee classification, and compliance with employment laws. Because she practices within the ever-changing landscape of employment law, Jordan particularly enjoys visiting businesses and conducting workplace trainings on a variety of issues such as anti-discrimination and harassment prevention.

Jordan litigates in both state and federal court and handles matters at the administrative level appearing before the Commission on Human Rights and Opportunities, the Department of Labor, the Workers' Compensation Commission, and other administrative agencies.

PRACTICE AREAS

Employment & Labor

Litigation & Dispute Resolution

EDUCATION

University of Connecticut School of Law, J.D., 2017

- Connecticut Insurance Law Journal, Executive Board
- Student Bar Association, Chief Administrative Officer
- Women Law Students' Association, Vice President
- Arts, Entertainment, and Sports Law Society, President

Vanderbilt University, B.A., 2013

ADMISSIONS

Connecticut

U.S. District Court District of Connecticut

HONORS & AWARDS

Best Lawyers: "Ones to Watch", Litigation-Labor & Employment, 2021-2022

UConn Law Representative at the Annual ABA Regional Negotiation Competition

CALI Academic Excellence Award, Mediation Clinic (mediated employment disputes pending before the Connecticut Commission on Human Rights and Opportunities)

CALI Academic Excellence Award, Legal & Cultural Issues in Cyberspace

NEWS

Cohen and Wolf Attorneys Named in *Best Lawyers*® 2022 Edition
08.19.2021

Jordan Sala Elected Treasurer to the Greater Bridgeport Bar Association
06.11.2021

Cohen and Wolf, P.C. Attorneys Named in *Best Lawyers*® 2021 Edition
08.20.2020

Creating Colorful Illusions at the Beardsley Zoo
07.19.2019

Cohen and Wolf was pleased to sponsor The Center's Gingerbread Houses & Cocktails for a Cause
11.29.2018

Cohen and Wolf Welcomes Four New Associates
11.21.2017

SPEAKING ENGAGEMENTS

Should Student Athletes Be Paid?
WebEx, 03.24.2021

Amateurism and College Athlete Compensation in Connecticut and Beyond; a CBA program moderated
by Attorney Jordan Sala
Online Zoom Meeting, 07.09.2020

Sexual Harassment Prevention Training
Online Zoom Meeting, 06.25.2020

Cohen and Wolf Attorneys Host Interview Tips Workshop at the Shehan Center
Online Zoom Meeting, 06.01.2020

Sexual Harassment Prevention Training
Delamar Southport, The Cunningham Room, 03.24.2020

Recognizing and Preventing Sexual Harassment in the Workplace
10.29.2019

Recognizing and Preventing Sexual Harassment in the Workplace
10.24.2019

Recognizing and Preventing Sexual Harassment in the Workplace
09.12.2019

Recognizing and Preventing Sexual Harassment in the Workplace
Guilford Community Center, 11.14.2018

Recognizing and Preventing Sexual Harassment in the Workplace
07.17.2018

Recognizing and Preventing Sexual Harassment in the Workplace
06.13.2018

He Said/She Said - Recognizing and Preventing Workplace Harassment in the #MeToo Era
05.01.2018

Cohen and Wolf's Employment and Labor Group to Host a Spring Breakfast Seminar
Westport Country Playhouse, 04.18.2018

Employers' Primer on Sexual Discrimination and Harassment
04.10.2018

PROFESSIONAL AFFILIATIONS

American Bar Association

Connecticut Bar Association

- Sports & Entertainment Section, Executive Committee, 2019

Greater Bridgeport Bar Association

- Board of Directors, Treasurer, 2021
- Board of Directors, 2019
- Young Lawyers Section, Co-Chair ,2018–present

COMMUNITY INVOLVEMENT

Mikey's Way Foundation

Zeta Tau Alpha, Connecticut Alumnae Chapter